

2011

BENEFACTOR

ALLOW THE CHILDREN

The proceeds from the 2011 EDUC8-K & Children's Fun Run will benefit Allow the Children's Community Health & Education Programs in Nepal.

Allow the Children, established in 2003, is a local charity that provides the message of God's word and relief work in 7 countries. One of Allow the Children's projects in Nepal is called Community Health and Education which reaches into the remote mountain villages bringing the Gospel and lifesaving skills to people who may have never heard the name of Jesus. The Nepali evangelists go in to these villages teaching health, hygiene, literacy and farming, as well as the gospel.

Allow the Children equips these evangelists and their families with the supplies, education and support they need to continue this life and soul saving work.

For more information on this project or other ministries through Allow the Children please visit them at www.allowthechildren.org.

CONTACT INFORMATION:

EDUC8-K

&

1-K CHILDREN'S FUN RUN

21395 TIMBERLAKE RD.

LYNCHBURG, VA 24502

434-237-6464 EXT. 8

EDUC8K.COM

RACE DIRECTOR: TIFFANY LYTTLE

SPECIAL THANKS TO:



Benefitting **ALLOW THE CHILDREN**

EDUC8-K



Sponsored by the Community Outreach Team of Timberlake Baptist Church

AUGUST 27TH 2011

8K-RACE 1K-CHILDREN'S FUN RUN

WWW.EDUC8K.COM

THE PROCEEDS FROM THE EDUC8-K WILL
BENEFIT THE COMMUNITY HEALTH
EDUCATION PROJECTS IN NEPAL THROUGH
ALLOW THE CHILDREN.



RACE 8 IN THE
LYNCHBURG ROAD RUNNER'S SERIES

Date: August 27, 2011

Starting Time: 8:00 am runners must finish 8-K in 75 minutes. 1-K Fun Run starts at 9:30 am.

Course Description: 8 kilometers (4.97 miles) on the beautiful Blackwater Creek Trail.


Location: The Kemper Street Entrance to the Blackwater Creek Trail.

825 Kemper ST.
Lynchburg, VA 24501

Awards: Awards given to top male and female overall, Masters and to the top three male and female in the following age groups: 12 & under, 13-17, 18-24, 25-29, 30-34, 35-39 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70 & over.

Door prizes and raffle drawn immediately following races; all winners must be present to win prizes.

Website: Please check our website for updates and information at educ8k.com.

 Become a fan at facebook.com/educ8k for running tips, interaction with other runners and updates on the Educ8-K & 1-K Children's Fun Run.

Entry Fee: Educ8-K is \$20 registration fee & \$10 for 1-K Fun Run if postmarked or registered by August 16, 2011. Fees increase for everyone to \$25 for EDUC8-K and \$15 for 1-K Fun Run on the day of race. Moisture wicking shirts are included in registration fee for EDUC8-K but are limited. Cotton t-shirts in children's sizes for 1-K Fun Run are included in registration fee but are limited. To ensure shirt availability all registration must be received by August 16, 2011. Registration online is available at educ8k.com, if mailing entries please complete and mail in registration form with payment to EDUC8-K & 1-K Children's Fun Run to address listed on the back side of this brochure. Entry fees are not refundable & may not be transferred.

Lynchburg Road Runners: The Educ8-K is race #8 in the Lynchburg Road Runner's Series. The cost of registration for members of the Lynchburg Road Runner's Club is \$15 if registered by August 16, 2011. For more information on the Lynchburg Road Runner's please visit www.riversiderunners.com

Packet Pick-up: Packet Pick up will be held at Riverside Runner's located at 2301 Rivermont Ave, Lynchburg, VA 24503 on August 26, 2011 starting at 12:00 pm until 6:30 pm.

Name: _____

Address: _____

Email Address: _____

Age on Day of Race: _____ Sex: _____

EDUC8-K: _____ Children's Fun Run: _____

Adult Shirt: XL L M S

Children's Cotton T-Shirt: L M S

WAIVER (must be signed):

I know that participating in a road race is a potentially hazardous activity. I will not enter and participate unless I am medically able, properly trained, and I will consult with my physician if I am unsure of my medical ability. I assume all risks associated with participating in this event including, but not limited to, falls, contact with other participants, physical and/or mental exertion, the effects of the weather, including but not limited to high heat and/or humidity, and/or rain, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read the waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Community Outreach Team, Timberlake Baptist Church, Allow the Children, City of Lynchburg & all subsidiaries and all sponsors, their representatives and successors from any and all claims or liabilities of any kind arising out of my participation in this event even though the liability may arise out of the negligence or carelessness on the part of the persons named in this waiver.

Signature: _____

Parent/Guardian's Signature _____

(if under 18)

Date: _____