



**2012 LYNCHBURG
HALF MARATHON & 5K Run**
Saturday August 11th
(Blackwater Creek Bikeway, Lynchburg, VA)

ENTRIES LIMITED TO 400

LAST NAME _____ FIRST NAME _____

ADDRESS _____ PHONE _____

CITY _____ STATE _____ ZIP _____

EMAIL ADDRESS (please print) _____

AGE RACE DAY _____ (Must be 14 or older to run Half) Gender (M/F) _____

RACE: (CIRCLE ONE) HALF 5K

T-SHIRT SIZE: (Half / 5k): Womens: S M L MENS: S M L XL

(WICKING T-SHIRTS FOR HALF & 5K GUARANTEED ONLY FOR RUNNERS REGISTERED BY 7/28/2012)

REGISTRATION: Paper App. / RACE DAY App: \$55.00 Half (7:30am start)
\$30.00 5K (8:00am start)

SAVE \$\$\$\$ Register Online: www.riversiderunners.com (Online Reg. Closes 8/08/2012)
Online (Half): \$35.00 (\$40.00 7/1-8/08) Online (5K): \$20.00 (\$25.00 7/28-8/08)

TOTAL FEE ENCLOSED: \$ _____ CHECK # _____

HALF AWARDS: Top 5 overall M/F, Masters Champion M/F, Top 3 age group. Prize Purse. Finisher medals
5K AWARDS: Top 3 overall male/female, Masters Champion M/F, Top 3 in each age group

COURSE: Start/Finish at Riverfront Park, Downtown Lynchburg (1200 Concord Trnpke). Course on Blackwater Creek bikeway, and CVTC campus, shaded, paved, out & back course.

PACKET PICKUP: Fri. 8/10, Riverside Runners 12:00 – 6:00, Race Day 6:30 – 7:30 at start

WAIVER (must be signed):

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read the waiver and knowing these facts, and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Lynchburg Roadrunners, the City of Lynchburg and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature (Guardian if under 18)

Date

Please send / make check payable to: Lynchburg Road Runners, 2301 Rivermont Ave, Lynchburg, VA 24503 – For more information call 434.846.7449, www.riversiderunners.com