

2012 Summer Track Series
"Every Tuesday in June"

MEET DIRECTOR: **Bret Boman (434) 525-5136**
 Gregg Cavaliere (434) 258-4228

WHO: All are invited. Ages 1 to 101! All abilities welcome, 4 minute through 15 minute milers, fast or slow sprinters.

WHAT: Events offered vary with the date. In general, one distance event highlights the evening, followed by 1-2 sprint events. Cost for runners is just one dollar. Age Group ribbons for awards.

WHEN: Meets are held each Tuesday in June.

JUNE 5: 5000m Heat 1 (6:30 pm); Heat 2 (7:00 pm);
 100m Age Groups (7:30 pm)

JUNE 12: 1500m Heat 1 (6:30 pm); Heat 2 (6:40 pm);
 Heat 3 (6:50 pm); Heat 4 (7:00 pm)
 200m Age Groups (7:15 pm)
 800m Heat 1 (8:15 pm), Heat 2 (8:20 pm)

JUNE 19: 2 mile Heat 1 (6:30 pm); Heat 2 (6:45 pm);
 Heat 3 (7:00 pm)
 100m Age Groups (7:15 pm)
 400m Heats 1-4 (7:45 pm)

JUNE 26: 1 Mile Heat 1 (6:30 pm); Heat 2 (6:40 pm);
 Heat 3 (6:50 pm); Heat 4 (7:00 pm)
 200m Age Groups (7:15 pm)
 800m Heat 1 (8:15 pm), Heat 2 (8:20 pm)

WHERE: Lynchburg College