2013 LYNCHBURG HALF MARATHON & 5K Run

Saturday August 11th

(Blackwater Creek Bikeway, Lynchburg, VA)

RACE: (CIRCLE ONE) **HALF** **5K**

LAST NAME_____FIRST NAME_____

ADDRESS_____PHONE_____

CITY_____STATE_____ZIP_____

EMAIL ADDRESS (please print)_____

AGE RACE DAY _____ (Must be 14 or older to run Half) Gender (M/F) ____

T-SHIRT SIZE: (Half / 5k): **Womens: S M L MENS: S M L XL**

(WICKING T-SHIRTS FOR HALF & 5K GUARANTEED ONLY FOR RUNNERS REGISTERED BY 7/27/2013)

REGISTRATION:

Paper App. / RACE DAY App:	**$55.00 Half (7:30am start)**
	$30.00 5K (8:00am start)

SAVE $$$$ Register Online: www.riversiderunners.com (Online Reg. Closes 8/07/2013)
Online (Half): $35.00 ($45.00 7/1-8/07) Online (5K): $20.00 ($25.00 7/28-8/08)

TOTAL FEE ENCLOSED: $_____ **CHECK #** _____

HALF AWARDS: Top 5 overall M/F, Masters Champion M/F, Top 3 age group. Prize Purse. Finisher medals
5K AWARDS: Top 3 overall male/female, Masters Champion M/F, Top 3 in each age group
COURSE: Start/Finish at Riverfront Park, Downtown Lynchburg (1200 Concord Trnpke). Course on Blackwater Creek bikeway, and CVTC campus, shaded, paved, out & back course.
PACKET PICKUP: Fri. 8/09, Riverside Runners 12:00 – 6:00, Race Day 6:30 – 7:30 at start

WAIVER (must be signed):
I know that participating in a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and race course, all such risks being known and appreciated by me. **I understand that animals, strollers, baby joggers, and similar items are not allowed in the race, except as required by an ADA participant.** Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my be-half, waive and release Lynch-burg Road Runners Club, Road Runners Club of America, City of Lynchburg, and all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that li-ability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I attest that I have read the rules of the race and agree to abide by all race rules. ENTRY FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE.

_____ _____
Signature (Guardian if under 18) Date

Please send / make check payable to: Lynchburg Road Runners, 2480 Rivermont Ave, Lynchburg, VA 24503 – For more information call 434.846.7449, www.riversiderunners.com