## Why Do We Hold the Race?

The great college basketball coach John Wooden once said, "Young people need models, not critics;" and here at Calvary we try to do just that. We make it our goal to see our children and teenagers embrace their true purpose in life as taught through God's Word and embrace their part in God's global mission. Encouraging them in the gospel, and providing positive role models, motivates us to find events they can participate in throughout the year that builds on much of what our leaders pour into them week to week.

Thank you for your help us fulfill this goal!

Calvary Baptist Church 20957 Timberlake Rd Lynchburg, VA 24502

# Calvary Baptist Church

## Road Trip 5K

**Saturday, May 18, 2013** 

5K Run/Walk & Youth Fun Run

To benefit the CBC Youth Mission Fund



And how are they to preach unless they are sent? As it is written, "How beautiful are the feet of those who preach the good news!" (Romans 10:15)

#### **EVENT INFORMATION**

**DATE:** Saturday, May 18, 2013

**RACE LOCATION:** Begin and end at Calvary Baptist Church located on Timberlake Road next to Food Lion

TIME: 5k-8:00 am, Youth Mile -9:00 am, Same day registration – Begins at 7:00 am

**ENTRY FEES:** Prior to Friday May 3<sup>rd</sup> Online - \$20.00, Paper applications - \$25.00. After May 3<sup>rd</sup>, \$30.00.

### ONLINE REGISTRATION AVAILABLE AT: www.riversiderunners.com

**AWARDS:** Top three men and women overall and in each age group

**FUN:** Door prizes, music and post-race Pancake and sausage breakfast.

**PACKET PICK-UP:** Pre-Race on Friday, May 17<sup>th</sup> at Calvary Baptist Church from 5-7 pm. Race day pick-up beginning at 7:00 am

**RACE INFORMATION:** Contact Calvary Baptist Church – 239-9133

RACE RESULTS: www.riversiderunners.com

COURSE RECORDS: Women – Amy Coutee 21:33 (2009); Men – Parker Spencer 16:54 (2012)

We hope to see you May 18<sup>th</sup> for a great event!

#### **REGISTRATION**

If by mail, send this form, by Friday, May 3<sup>rd</sup>, to: Calvary Baptist Church 20957 Timberlake Rd Lynchburg, VA 24502

Last Name:		First Name:	
Address:			-
City:	State:	Zip:	-
Phone:	E-Mail:		-
Age as of race day	Gender: M	F	-
Please make checks payable to Calvary Baptist Church			
EVENT: 5k Run	5k Walk	Youth run _	
T-shirt size: YM YL S	M L X	L	
RELEASE (must be signed):  I know that running is a potentially hazardous activity. I should not enter or run unless I am medically able & properly trained. I also know that there will be traffic, debris, poor footing and other hazards on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather, the conditions of the roads and getting lost, all such risks being known and appreciated by me. Having read the waiver and knowing these facts, and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Calvary Baptist Church's staff, volunteers and race sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event though the liability may arise out of negligence or carelessness on the part of the persons named in the waiver.			
Signature (Guardian if under 18) _			Date: