

	<p style="text-align: center;">3rd Annual Autism Awareness 5K Run / Walk Saturday May 3, 2014 - 8:00am (Jefferson Forest H.S., Forest, VA) To Benefit The Blue Ridge Autism & Achievement Center</p>
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LAST NAME _____ FIRST NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

EMAIL (please print) _____ PHONE _____

EVENT(circle): 5K 1 MILE AGE _____ Gender (M/F) _____

T-SHIRT SIZE (unisex): (Circle one) XS S M L XL XXL

T-Shirts guaranteed for runners registered by (4/21/14)

REGISTRATION:

NOTE: ENTRY FEES ARE
NON-REFUNDABLE AND
NON-TRANSFERABLE

T-Shirt (deadline 4/21/14): **PAPER: \$25.00 / \$30 RACE DAY**
ONLINE REGISTRATION – FAST, CONVENIENT, LESS MONEY
WWW.RIVERSIDERUNNERS.COM - \$20

TOTAL FEE ENCLOSED: \$ _____ CHECK # _____

Please make check payable to: Jefferson Forest H.S. (JFHS), 1 Cavalier Circle, Forest, VA 24551 | Attn: Tami Thomas (Applications can also be dropped off at Riverside Runners)

INFO: Riverside Runners, 2480 Rivermont Ave, Lynchburg, VA 24503 | 434.846.7449 |

Autism5k4Braac@aol.com

AWARDS: 5K Top 3 Overall M/F, 5K Top 2 M/F Age Groups 12 & under; 13-19; 20-29; 30-39; 40-49; 50-59; 60-over || Mile Top 3 M/F

PACKET PICKUP: Fri. 5/2 @ JFHS 5-7pm, Race Day @ JFHS 7:00am-7:30am

COURSE: 5k Course utilizes JFHS campus and road.

WAIVER (must be signed):

Participation in a race has the potential to be dangerous. I should not enter this race unless I am medically capable and have proper training. I assume all risks that are associated with this event that include, but are not limited to: falls, contact with other participants, effects of weather, including heat/humidity, and conditions of the course. All risks are known and appreciated by me. Having read this waiver and knowing these facts, I for myself and anyone entitled to act on my behalf, waive and release Jefferson Forest High School, and all sponsors, their representatives and all successors from all claims or liabilities of any kind arising out of my participation in this event even though the liability may arise out of negligence or carelessness on any part of the persons named in this waiver.

Signature (Guardian if under 18)

Date