



## 2014 Heart of Virginia 10K Run & 5k Walk

### Saturday, May 3, 2014

**10K Race Description:** The 10K begins at Hampden Sydney College, near the intersection of College Road and Via Sacra, and follows a mostly downhill, fast course along Back Hampden Sydney Road to the finish at First Avenue Field in Farmville, Virginia. Timing and scoring of the 10K run will be provided. Medals will be presented to the top 3 overall male & female finishers and top finishers in each age category that participated in the 10K. Categories for men and women include: 18 & under, 19 – 29, 30 – 39, 40 – 49, 50 – 59, 60 & over.

**5K Fun Walk Description:** Participants will be shuttled from Hampden Sydney College to their start line and will follow Back Hampden Sydney Road to the finish at First Avenue Field. Transportation will only be available to Hampden-Sydney College (start line) from 7:30-8:00 AM., if you would like to leave your car at the finish line (First Ave Field).

*Do you plan to leave your car at the finish line and ride the bus to starting line?* YES NO

10K & 5K entry fees are non-refundable. T-Shirts guaranteed to the first 150 participants.

Friday, May 3rd	Registration/Package Pickup	Town Hall: 8:00AM – 5:00 PM
Race Day	Registration/Package Pickup	Starting Line: 7:00 AM – 8:15 AM
Race Starting Time	8:30 AM (5K Walk & 10K Run)	

Please check the event you will participate in: 10K Run \_\_\_\_\_ or 5K Walk \_\_\_\_\_

Would you like to be added to the Heart of Virginia Festival secure email listing which will notify you of festival updates? YES \_\_\_ NO \_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Age on May 1: \_\_\_\_\_ Gender: M or F T-shirt Size: S M L XL XXL

Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

**Declaration of Authenticity Contract and Waiver**

Please read the following statement carefully. To participate, you must sign and return this statement with your application.

- I do hereby waive the Town of Farmville, Festival Board of Directors, any sponsor or fellow participant, from any liability due to personal injury, loss or damage to any property that may occur during the Heart of Virginia 10K Run/5K Walk.
- I understand and comply with the Heart of Virginia Festival General Guidelines and Rules for Participation which can be located at [www.heartofvirginia.org](http://www.heartofvirginia.org)
- I agree to allow the Heart of Virginia Festival Board full use of images and other promotional materials (photographs, video tape, audio tape) taken during the Festival for purposes of promoting the Festival this year and in future years.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent signature if participant is under 18

\_\_\_\_\_  
Date

**Before mailing, be sure that you have included the following:**

- Completed 2014 Heart of Virginia 10K/5K Application with signed Declaration of Authenticity Contract & Waiver
- Please make checks payable to Heart of Virginia Festival

**Mail to:** Heart of VA Festival  
P.O. Box 35  
Farmville, VA 23901

<b>Entry Fees: 10K: Postmarked/Received by:</b> March 31 <sup>st</sup> : \$20	April 1 <sup>st</sup> -18 <sup>th</sup> : \$25	April 19 <sup>th</sup> -Race Day: \$30
<b>5K: Postmarked/Received by:</b> March 31 <sup>st</sup> : \$15	April 1 <sup>st</sup> -18 <sup>th</sup> : \$20	April 19 <sup>th</sup> -Race Day: \$25

For more information & directions please contact the Farmville Rec. Department at 434-392-8465, [cbolt@farmvilleva.com](mailto:cbolt@farmvilleva.com), or visit [www.heartofvirginiafestival.org](http://www.heartofvirginiafestival.org).