

2015 Summer Track Series

"Fun for Everyone"

MEET DIRECTOR: **Bret Boman (434) 525-5136**
Greggg Cavaliere (434) 258-4228
Doug Thomassey

WHO: All are invited. Ages 1 to 101! All abilities welcome, 4 minute through 15 minute milers, fast or slow sprinters.

WHAT: Track Races as shown below. With exception of 1 and 2 mile, distances are in meters. Cost for runners is just one dollar. Age Group ribbons for awards.

WHEN:

JUNE 2 (Tuesday): 1500m (6:30 pm-7:00 pm); Open 100m (7:00); Age Groups 100 m (7:10-7:45 pm); 800 m (7:45-8:15 pm)

JUNE 11 (**Thursday**): Open 200m (6:30 pm); Age Groups 200m (6:45-7:30pm); 5,000m (7:30 – 8:30pm)

JUNE 16 (Tuesday): 1 Mile (6:30 pm-7:00 pm); Open 100m (7:00); Age Groups 100 m (7:10-7:45 pm); 400 m (7:45-8:15 pm)

JUNE 21 (**Sunday**): Open 200m (6:30 pm); Age Groups 200m (6:45-7:30pm); 2 Mile (7:45 – 8:15pm)

JUNE 30 (Tuesday) 1 Mile (6:30 pm-7:00 pm); Open 100m (7:00); Age Groups 100 m (7:10-7:45 pm); 800 m (7:45-8:15 pm)

WHERE: Lynchburg College