



# 8th Annual Amherst County/Elon Elementary- PVES 5K Turkey Trot and 1-Mile Fun Run

Saturday, November 14, 2015  
8:30 (Fun Run)/9AM (5K)

It's time for the 8th annual 5K and Fun Run. We had great turnout last November and we are hoping for an even better turnout this year. All proceeds benefit the Physical Education programs at Elon Elementary and Pleasant View Elementary. Our prizes include turkeys, pies, and pumpkin bread. Join us for a family friendly and course friendly event for all ages that has grown into an Amherst County fall tradition.



RACE DIRECTOR: Steve Roberts  
[sroberts@amherst.k12.va.us](mailto:sroberts@amherst.k12.va.us)  
434-528-6496

**AGE GROUPS:**

- 12 and under
- 13-19
- 20-29
- 30-39
- 40-49
- 50-59
- 60+

**Awards: Top three in each age group male and female**

**REGISTRATION FORMS: available at Amherst County Recreation Department, Elon Elementary School, and [www.riversiderunners.com](http://www.riversiderunners.com)**

**Or register on-line at <http://countyofamherst.com>**

\$25/person for 5K (12+)  
\$15/5K and Fun Run (12 & under)  
November 7 deadline for t-shirt  
Race Day registration available

Checks payable to  
Elon Elementary  
147 Younger Drive  
Madison Heights, VA 24572  
Please fill out registration  
below, detach, and send to  
above address.

COURSE: Leaving Elon Elementary School parking lot to Monacan Park. The course has moderate hills, with a downhill finish. The streets are NOT closed, but will be monitored by Amherst County Sheriff's Department.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read the waiver and knowing these facts, and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Amherst County Recreation & Parks and Amherst County Public Schools and all participating sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Circle One:  
T-shirt size:/youth: YS YM YL

T-shirt Size Adult: AS AM AL  
AXL A2XL

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Email

Gender \_\_\_\_\_ Age on race day \_\_\_\_\_

\_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Signature of parent or guardian if under 18 years of age. \_\_\_\_\_ Date \_\_\_\_\_